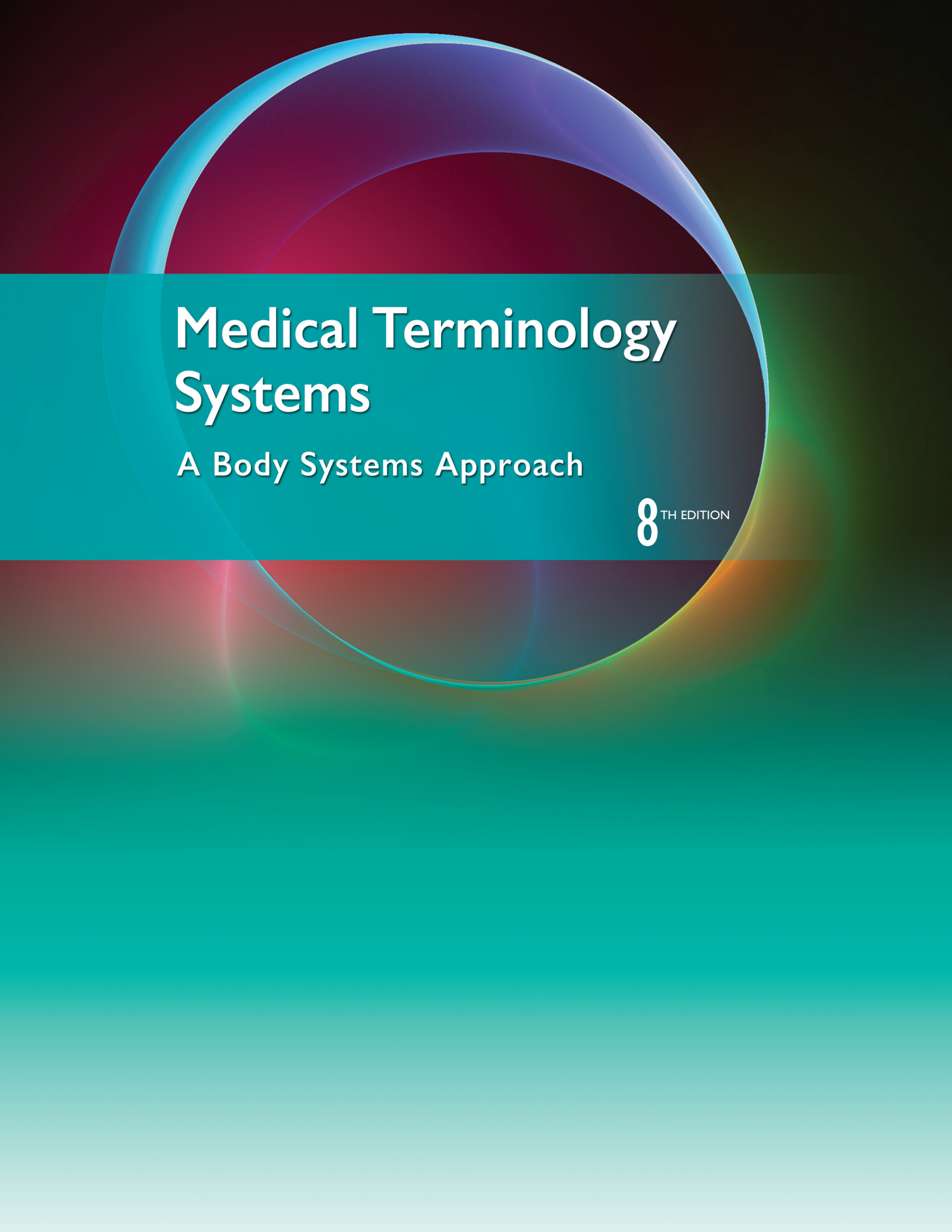




Medical Terminology Systems

A Body Systems Approach

8TH EDITION

Medical Terminology Systems

A Body Systems Approach

8TH EDITION

Barbara A. Gyls, MEd, CMA-A (AAMA)

Professor Emerita
University of Toledo
Toledo, OH

Mary Ellen Wedding, MEd, MT(ASCP), CMA (AAMA), CPC (AAPC)

Professor Emerita
University of Toledo
Toledo, OH



F.A. Davis Company • Philadelphia

F. A. Davis Company
1915 Arch Street
Philadelphia, PA 19103
www.fadavis.com

Copyright © 2017 by F. A. Davis Company

Copyright © 2017 by F. A. Davis Company. All rights reserved. This product is protected by copyright. No part of it may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without written permission from the publisher.

Printed in the United States of America

Last digit indicates print number: 10 9 8 7 6 5 4 3 2 1

Publisher: T. Quincy McDonald
Director of Content Development: George W. Lang
Developmental Editor: Brenna Mayer
Art and Design Manager: Carolyn O'Brien

As new scientific information becomes available through basic and clinical research, recommended treatments and drug therapies undergo changes. The author(s) and publisher have done everything possible to make this book accurate, up to date, and in accord with accepted standards at the time of publication. The author(s), editors, and publisher are not responsible for errors or omissions or for consequences from application of the book, and make no warranty, expressed or implied, in regard to the contents of the book. Any practice described in this book should be applied by the reader in accordance with professional standards of care used in regard to the unique circumstances that may apply in each situation. The reader is advised always to check product information (package inserts) for changes and new information regarding dose and contraindications before administering any drug. Caution is especially urged when using new or infrequently ordered drugs.

Library of Congress Cataloging-in-Publication Data

Names: Gylys, Barbara A., author. | Wedding, Mary Ellen, author.
Title: Medical terminology systems : a body systems approach / Barbara A. Gylys, Mary Ellen Wedding.
Description: Eighth edition. | Philadelphia : F.A. Davis Company, [2017] | Includes bibliographical references and indexes.
Identifiers: LCCN 2016054225 | ISBN 9780803658677 (pbk.) | ISBN 0803658672 (pbk.)
Subjects: | MESH: Terminology as Topic | Problems and Exercises
Classification: LCC R123 | NLM W 15 | DDC 610.1/4—dc23
LC record available at <https://lcn.loc.gov/2016054225>

Authorization to photocopy items for internal or personal use, or the internal or personal use of specific clients, is granted by F. A. Davis Company for users registered with the Copyright Clearance Center (CCC) Transactional Reporting Service, provided that the fee of \$.25 per copy is paid directly to CCC, 222 Rosewood Drive, Danvers, MA 01923. For those organizations that have been granted a photocopy license by CCC, a separate system of payment has been arranged. The fee code for users of the Transactional Reporting Service is: 8036-5867-7/17 0 + \$.25.

This Book Is Dedicated with Love

To my best friend, colleague, and husband, Dr. Julius A. Gyls, and to my children, Regina Maria and Dr. Julius Anthony, and to my grandchildren, Andrew Masters, Dr. Julia Halm, Caitlin Masters, Anthony Bishop-Gyls, Matthew Bishop-Gyls, and the little ones, Liam, Harrison, and Emmett Halm

B.A.G.

To my loving grandchildren, Andrew Arthur Kurtz, Katherine Louise Kurtz, Daniel Keith Wedding II, Carol Ann Estelle Wedding, Jonathan Michael Kurtz, Donald Keith Wedding III, Emily Michelle Wedding, Katelyn Christine Wedding, and David Michael Wedding

M.E.W.

Acknowledgments

The authors would like to acknowledge the valuable contributions of F. A. Davis's editorial and production team who were responsible for this project:

- **Quincy McDonald, Publisher**, who provided the overall design and layout for the eighth edition. His vision and guidance focused the authors at the onset of the project, and his support throughout this endeavor provided cohesiveness.
- **Brenna H. Mayer, Developmental Editor**, whose careful and conscientious edits and suggestions for the manuscript are evident throughout the entire work. Her enthusiasm and untiring assistance and support during this project are deeply appreciated, and the authors extend their sincerest gratitude.
- **George W. Lang, Director of Content Development**, who meticulously guided the manuscript through the developmental and production phases of the textbook.

- **Margaret Biblis, Editor-in-Chief**, once again provided her support and efforts for the quality of the finished product.

In addition, we wish to acknowledge the many exceptionally dedicated publishing partners who helped in this publication:

- Nichole Liccio, Editorial Associate
- Elizabeth Bales, Developmental Editor and Digital Products Manager
- Kate Margeson, Illustrations Coordinator
- Bob Butler, Production Manager
- Carolyn O'Brien, Art and Design Manager
- Cynthia Breuninger, Managing Editor
- Kirk Pedrick, Director, Digital Solutions
- Julie Chase, Content Product Manager

We also extend our sincerest appreciation to Neil Kelly, Executive Director of Sales, and his staff of sales representatives whose continued efforts have undoubtedly contributed to the success of this textbook.

Preface

Building on the success of previous editions, *Medical Terminology Systems*, 8th edition, continues its well-established record of presenting medical word building principles based on competency-based curricula. Because of the pedagogical success of previous editions, the 8th edition continues its structural design as a textbook–workbook that complements all teaching formats, including traditional lecture, distance learning, and independent or self-paced study. The 8th edition continues to present eponyms without showing the possessive form, such as *Bowman capsule*, *Cushing syndrome*, and *Parkinson disease*. Medical dictionaries as well as the American Association for Medical Transcription and the American Medical Association support these changes.

The popular basic features of the previous edition have been enhanced and expanded. The updated body systems chapters include diseases and conditions, current medical and diagnostic procedures, treatments, and pharmaceutical agents. The textbook continues to present authentic medical records with activities designed to enhance application of medical terminology to the “real world of medicine.” This approach provides the essential tools students of various learning levels need to communicate effectively in today’s health-care settings.

As in earlier editions, illustrations that clearly and accurately enhance textual material are integrated throughout the textbook. *Medical Terminology Systems*, 8th edition, includes over 36 new illustrations specifically designed to portray real-life medical conditions, procedures, and treatments. The illustrations supplement course content in new and interesting ways and help make difficult concepts clear. Unique to this edition are innovative illustrations created for Chapters 1 through 3 to help students understand the various applications of suffixes and prefixes in word building. Also new to the 8th edition are Documenting Health-Care Activities sections in each body systems chapter. These sections emphasize the role of the electronic medical record (EMR) in today’s health-care industry.

Documenting Health-Care Activities are first introduced in Chapter 4, Body Structure. The introduction provides information related to the transition of the medical record from a paper medical chart to a digital version. Reinforcement of this introduction continues throughout each body systems chapter so that students fully understand how today’s digital medical record allows practitioners to electronically monitor and track the history of a patient’s medical treatment.

Although the fundamental characteristics of the 8th edition remain the same as those in previous editions, this edition offers significant updates and enhancements to aid in the learning process and improve retention of medical terms. To achieve this goal, each illustration in the textbook presents clinically accurate and aesthetically pleasing representations of anatomical structures, disease conditions, and medical procedures. In addition, ICD-10-PCS replacement terms for discontinued eponyms are summarized in Appendix H. As in previous editions, we continue to incorporate the excellent suggestions offered by instructors and students and appreciate all of their contributions. Undoubtedly, the recommendations have helped make *Medical Terminology Systems: A Body Systems Approach* a leading textbook in educational institutions and one that continues to be well received by instructors and students. Here is a brief summary of chapter content:

- **Chapter 1** explains the techniques of medical word building using basic word elements.
- **Chapter 2** categorizes major surgical, diagnostic, symptomatic, and grammatical suffixes.
- **Chapter 3** presents major prefixes of position, number and measurement, direction, and other parameters.
- **Chapter 4** introduces anatomical, physiological, and pathological terms. It also presents combining forms denoting cellular and body structures, body position and direction, and regions of the body, in addition to combining forms related to diagnostic methods and pathology. General diagnostic and therapeutic terms are described and provide a solid foundation for specific terms addressed in the body systems chapters that follow.
- **Chapters 5 through 16** are organized according to specific body systems and may be taught in any sequence. These chapters include key anatomical and physiological terms, basic anatomy and physiology, a body systems connections table, and a comprehensive table of word elements, including combining forms, suffixes, and prefixes. The remaining chapter material consists of a disease focus section, followed by tables that include updated diseases and conditions; diagnostic, surgical, and therapeutic procedures; pharmacology; and abbreviations. Each body systems chapter concludes with several learning activities that assess comprehension of material and medical record activities that

illustrate various clinical applications and reinforce medical record documentation.

- **Appendix A: Answer Key** contains answers to each learning activity to validate proficiency and provide immediate feedback for student assessment. Although the answer key for the terminology section of each Documenting Health-Care Activity is not included in this appendix, it is available to adopters in the Instructor's Guide.
- **Appendix B: Common Abbreviations and Symbols** includes an updated, comprehensive list of medical abbreviations and their meanings and an updated summary of common symbols.
- **Appendix C: Glossary of Medical Word Elements** contains alphabetical lists of medical word elements and their meanings. This appendix presents two methods for word-element indexing—first by medical word element, then by English term.
- **Appendix D: Index of Genetic Disorders** lists genetic disorders presented in the textbook.
- **Appendix E: Index of Clinical, Laboratory, and Imaging Procedures** lists radiographic and other diagnostic imaging procedures presented in the textbook.
- **Appendix F: Index of Pharmacology** lists drug classifications presented in the textbook.
- **Appendix G: Index of Oncological Terms** lists oncological diseases presented in the textbook.
- **Appendix H: Index of Discontinued Abbreviations and Eponyms** summarizes abbreviations discontinued in medical charts. It also contains discontinued eponyms along with their replacement terms for coding purposes.

Medical Language Lab (MLL)

Included in every new copy of *Medical Terminology Systems: A Body Systems Approach*, 8th edition, is access to the ultimate online medical terminology resource for students. The MLL is a rich learning environment utilizing proven language development methods to help students become effective users of medical language. To access the MLL, students simply go to <http://www.medicallanguagelab.com> and redeem the access code provided in their new copies of *Medical Terminology Systems: A Body Systems Approach*, 8th edition.

Each lesson in the MLL teaches students how to listen critically for important terms, respond to terms using medical terminology, and generate their own terminology-rich writing and speaking skills. By following the activities in each lesson, students graduate from simple memorization to becoming stronger users of medical language.

In addition, the MLL provides students with a wide variety of practice activities that help them to solidify their recall of key terms from the chapter. It also contains an audio glossary in which students can hear words pronounced and used properly in context.

Designed to work seamlessly with *Medical Terminology Systems: A Body Systems Approach*, 8th edition, each activity in the MLL has been crafted with content specific to the textbook. Every chapter in *Medical Terminology Systems: A Body Systems Approach*, 8th edition, contains a corresponding lesson in the MLL that is relevant and useful in helping students develop medical terminology skills.

Instructors benefit from an instructor's page that is powerful yet easy to understand and allows them to decide which chapters and activities will be available to their students. Instructors also control how the MLL reports student scores, either through the native MLL grade book or to their own BlackBoard, Angel, Moodle, or SCORM-compliant course management solution.

DavisPlus Online Resource Center

Although the study of medical terminology demands hard work and discipline, various self-paced activities offer interest and variety to the learning process. Many activities and resources are available to adopters of the textbook at the DavisPlus Instructor and Student Online Resource Center. The Online Resource Center is designed to help teachers teach and students learn medical terminology in an exciting, challenging, effective fashion. Visit <http://davisplus.fadavis.com> for the Instructor and Student Online Resource Center to explore the various ancillaries available for instructors and students.

Instructor Online Resource Center

The DavisPlus Instructor Online Resource Center provides many updated, innovative instructional activities. These activities make teaching medical terminology easier and more effective. Teachers can use the supplemental activities in various educational settings—traditional classroom, distance learning, or independent or self-paced studies. The many ancillaries help instructors maximize the benefits of the textbook and include the following:

- Electronic test bank with *ExamView Pro* test-generating software
- PowerPoint presentations for each chapter

- Searchable image bank
- Printable Instructor's Guide
- Resources in Blackboard, Angel, Moodle, and SCORM formats

Electronic Test Bank

This edition offers a powerful updated *ExamView Pro* test-generating program that allows instructors to create custom-made or randomly generated tests in a printable or online format from a test bank of more than 2,500 test items.

PowerPoint Lecture Notes

The lecture notes provide a unique and reinforcing dimension to the learning process.

Over 1,400 slides are carefully designed to supplement and augment the material covered in the textbook. The PowerPoint presentations suggest various teaching techniques to make learning and teaching profoundly effective. Notes at the bottom of various slides offer faculty suggestions to tailor or expand the presentations to suit their individual academic needs.

Each chapter has an outline-based presentation, consisting of a chapter overview, main functions of the body system, and selected pathology, vocabulary, and procedures. Included are interactive clinically related exercises that highlight real-life situations. Full-color illustrations reinforce many of the clinically related exercises.

Image Bank

The image bank contains all illustrations from the textbook. It is fully searchable and allows users to zoom in and out and display a JPG image of an illustration that can be copied into a Microsoft Word document or PowerPoint presentation.

Instructor's Guide

The printable Instructor's Guide is a resource full of instructional activities that have been updated to meet today's instructional needs. It is available in PDF format on the Instructor's Online Resource Center and includes the following elements:

- *Suggested Course Outlines.* Course outlines of various lengths, provide effective methods of covering material presented in the textbook. A course outline is also provided for *TermPlus*, the interactive software that is available separately from F. A. Davis Co. The outline makes it easy to correlate the instructional software with the textbook chapters.

- *Student- and Instructor-Directed Activities.*

These comprehensive teaching aids are updated and extended for this edition. They offer an assortment of activities for each body systems chapter that are easily incorporated as course requirements, supplemental activities, or collaborative projects. Included are peer evaluation forms and community and Internet resources. This section provides an updated list of resources, including technical journals, community organizations, and Internet sites to complement course content.

- *Supplemental Documenting Health-Care Activities.* The supplemental medical record activities have been updated to parallel the new Documenting Health-Care Activities sections presented in each of the body systems chapters. As in the textbook, these activities use actual medical records to show how medical terminology is used to document patient care. Terminology and analysis exercises reinforce the medical vocabulary in the report to help students develop critical thinking skills. Instructors can use the answer key for grading purposes or give it to the students for self-evaluation. In addition, they can use these medical records for various activities, including oral reports, medical coding, medical transcribing, or individual assignments.
- *Pronunciations and Answer Keys.* Answer keys are provided in the IG for the activities in the Medical Word Elements tables and Documenting Health-Care Activities Terminology tables in the textbook. These keys should prove helpful for grading or for class presentations.

Student Online Resource Center

The *DavisPlus* Student Online Resource Center includes many user-friendly activities to reinforce material covered in the textbook. At the same time, it is structured to make learning medical terminology an exciting, challenging activity. Resources include medical record activities, audio tutorials, and animations.

Reinforcement of Medical Record Activities

Health-care providers in hospitals, medical centers, and private practice facilities dictate various types of medical reports that become part of the electronic medical record. Included are chart notes, history and physical examinations, progress notes, consultation

reports, operative reports, discharge summaries, and diagnostic studies. Samples of these types of reports are included in the Documenting Health-Care Activities found in the body systems chapters (Chapters 5–16). To reinforce these activities, the Student Online Resource Center includes a medical records activities section in which the key terms in each report are underlined. As students click the underlined terms, they hear the correct pronunciation of each term. All reports are styled following the guidelines established by the American Association of Medical Transcription (AAMT). This formatting provides an opportunity for students to learn the correct styling of various types for medical reports.

Audio Tutorials

The audio tutorials are developed from the Medical Word Elements sections of the body systems chapters (Chapters 5–16). They are designed to strengthen word building, spelling, pronunciation, and understanding of selected medical terms. These tutorials are also useful for students in beginning transcription and medical secretarial courses. Students can develop transcription skills by typing each word as it is pronounced. After typing the words, the student can correct spelling by referring to the textbook or a medical dictionary.

Animations

Several animations are included to help students better visualize complex concepts. For example, one animation explores the pathology of gastroesophageal reflux disease (GERD). Another shows the various stages of pregnancy and delivery. These innovative tools help students better understand important processes and procedures as they learn the associated medical terminology.

TermPlus

TermPlus continues to be a powerful, interactive CD-ROM program that is available for purchase separately from F. A. Davis Co. TermPlus is a competency-based, self-paced, multimedia program that includes graphics, audio, and a dictionary culled from *Taber's Cyclopedic Medical Dictionary*, 22nd edition. Help menus provide navigational support. The software comes with numerous interactive learning activities, including the following:

- Anatomy Focus
- Tag the Elements (drag-and-drop)

- Spotlight the Elements
- Concentration
- Build Medical Words
- Programmed Learning
- Medical Vocabulary
- Chart Notes
- Spelling
- Crossword Puzzles
- Word Scramble
- Terminology Teaser

All activities can be graded, and the results can be printed or e-mailed to the instructor. This feature makes TermPlus especially valuable as a distance-learning tool because it provides evidence of student drill-and-practice completion in various learning activities.

Taber's Cyclopedic Medical Dictionary

The world-famous *Taber's Cyclopedic Medical Dictionary* is the recommended companion reference for this book. Virtually all terms in *Systems* may be found in *Taber's*. In addition, *Taber's* contains etymologies for nearly all main entries presented in this textbook.

Discontinued Eponyms with ICD-10-PCS Replacement Terms

ICD-10-CM contains the use of eponyms when assigning certain codes for diagnoses and procedures. However, all surgical eponyms have been removed from ICD-10-PCS. In their place are root terms that describe the objective of the procedure and other parameters to assign the proper code(s). The ICD-10-PCS procedural codes are more specific, more clinically accurate, and use a more logical structure than the previous coding systems. There are still some diagnostic eponyms in ICD-10-PCS, but most have been replaced by a constructed term that identifies the disease or condition. A summary of eponyms found in this textbook along with the ICD-10-PCS 2015 term(s) that replace the eponym are summarized in Appendix H of this textbook.

We hope you enjoy this new edition as much as we enjoyed preparing it. We think you will find this the best edition ever.

Barbara A. Gylys
Mary Ellen Wedding

Reviewers

The authors extend a special thanks to the clinical reviewers who read and edited the manuscript and provided detailed evaluations and ideas for improving the textbook.

Algie LaKesa Bond, MHA, RHIA, PMP

*Clinical Assistant Professor
Health Information Management Program
Temple University
Philadelphia, Pennsylvania*

Lori Jo Bork, PhD, RN, CCRN

*Professor of Nursing
Dakota Wesleyan University
Mitchell, South Dakota*

Margaret J. Bower, BS, AMA

*Adjunct Instructor
Allied Health Division
Central Pennsylvania College
Summerdale, Pennsylvania*

Angela Carmichael, MBA, RHIA, CCS, CCS-P

*Director of HIM Compliance
AHIM Approved ICD-10-CM/PCS Instructor
J.A. Thomas and Associates
Atlanta, Georgia*

Jean M. Chenu

*Associate Professor
Office Technology
Genesee Community College
Batavia, New York*

Mary Ellen Hethcox, PharmD, RPh

*Assistant Professor of Pharmacy Practice
Director of Drug and Health Information Services
Raabe College of Pharmacy
Ohio Northern University
Ada, Ohio*

Gloria Madison, MS, RHIA, CHTS-IM

*Health Information Technology Program Director/Faculty
Health Sciences
Moraine Park Technical College
West Bend, Wisconsin*

Rich Patterson, MS, LAT, ATC

*Clinical Education Coordinator
Department of Athletic Training
Barton College
Wilson, North Carolina*

Kim O'Connell-Brock, MS, ATC/L

*Assistant Director, Athletic Training Program
Human Performance, Dance and Recreation
New Mexico State University
Las Cruces, New Mexico*

Donna Pritchard, RHIT, LPN

*Instructor
Allied Health, Health Information Technology Program
Ozarks Technical Community College
Springfield, Missouri*

Donna Sue M. Shellman, EdS, CPC

*Program Coordinator, Medical Office Administration
Office Systems Technology
Gaston College
Dallas, North Carolina*

Staci Waldrep, MS, RHIT

*Associate Professor and Program Director of Health
Information Technology
Allied Health and Sciences
Lamar Institute of Technology
Beaumont, Texas*

Gail Winkler, MHIIM, RHIA

*Director Health Information Technology Program
Health Information Technology
Walters State Community College
Morristown, Tennessee*

Contents at a Glance

CHAPTER 1	Basic Elements of a Medical Word	1
CHAPTER 2	Suffixes	15
CHAPTER 3	Prefixes	31
CHAPTER 4	Body Structure	43
CHAPTER 5	Integumentary System	81
CHAPTER 6	Digestive System	127
CHAPTER 7	Respiratory System	179
CHAPTER 8	Cardiovascular System	221
CHAPTER 9	Blood, Lymphatic, and Immune Systems	267
CHAPTER 10	Musculoskeletal System	305
CHAPTER 11	Urinary System	357
CHAPTER 12	Female Reproductive System	395
CHAPTER 13	Male Reproductive System	439
CHAPTER 14	Endocrine System	475
CHAPTER 15	Nervous System	513
CHAPTER 16	Special Senses	561
APPENDIX A	Answer Key	605
APPENDIX B	Common Abbreviations and Symbols	643
APPENDIX C	Glossary of Medical Word Elements	651
APPENDIX D	Index of Genetic Disorders	667
APPENDIX E	Index of Clinical, Laboratory, and Imaging Procedures	669
APPENDIX F	Index of Pharmacology	675
APPENDIX G	Index of Oncological Terms	679
APPENDIX H	Index of Discontinued Abbreviations and Eponyms	683
INDEX		687
RULES FOR SINGULAR AND PLURAL SUFFIXES		718
PRONUNCIATION GUIDELINES	inside back cover	

Contents

CHAPTER 1	Basic Elements of a Medical Word	1
	Chapter Outline	1
	Objectives	1
	Medical Word Elements	2
	Word Roots	2
	Combining Forms	3
	Suffixes	3
	Prefixes	4
	Basic Guidelines	5
	Defining Medical Words	5
	Building Medical Words	6
	Pronunciation Guidelines	6
	Medical Word Building Summary	7
	Learning Activities	8
CHAPTER 2	Suffixes	15
	Chapter Outline	15
	Objectives	15
	Suffix Linking	16
	Suffix Types	17
	Surgical, Diagnostic, Pathological, and Related Suffixes	17
	Grammatical Suffixes	22
	Plural Suffixes	23
	Learning Activities	24
CHAPTER 3	Prefixes	31
	Chapter Outline	31
	Objectives	31
	Prefix Linking	32
	Prefix Types	32
	Prefixes of Position, Number, Measurement, and Direction	32
	Other Common Prefixes	36
	Learning Activities	40
CHAPTER 4	Body Structure	43
	Chapter Outline	43
	Objectives	43
	Introduction	44
	Body Structure Key Terms	44
	Levels of Organization	44
	Cells	46
	Cell Membrane and Cytoplasm	46
	Nucleus	46
	Tissues	46
	Organs	46
	Systems	46
	Organism	47

Anatomical Position	47
Body Planes	47
Directional Terms	48
Body Cavities	49
Dorsal Cavity	49
Ventral Cavity	49
Abdominopelvic Quadrants and Regions	50
Quadrants	50
Regions	51
Anatomy Review: Body Planes	52
Anatomy Review: Quadrants and Regions	53
Spine	54
Medical Word Elements	54
Disease Focus	57
Diseases and Conditions	59
Diagnostic and Surgical Procedures	61
Abbreviations	65
Learning Activities	66
Documenting Health-Care	72
Documenting Health-Care Activities	73

CHAPTER 5 **Integumentary System** 81

Chapter Outline	81
Objectives	81
Anatomy and Physiology	82
Anatomy and Physiology Key Terms	82
Skin	82
Epidermis	82
Dermis	83
Accessory Organs of the Skin	84
Glands	84
Hair	84
Nails	84
Anatomy Review: Integumentary System	86
Connecting Body Systems—Integumentary System	87
Medical Word Elements	88
Disease Focus	91
Skin Lesions	91
Burns	93
Oncology	94
Grading and Staging Cancer	95
Basal Cell Carcinoma	95
Squamous Cell Carcinoma	97
Malignant Melanoma	97
Diseases and Conditions	98
Diagnostic, Surgical, and Therapeutic Procedures	104
Pharmacology	107
Abbreviations	110
Learning Activities	111
Documenting Health-Care Activities	117

CHAPTER 6 **Digestive System** 127

Chapter Outline	127
Objectives	127

Anatomy and Physiology	128
Anatomy and Physiology Key Terms	128
Mouth	128
Teeth	130
Tongue	130
Hard and Soft Palates	130
Pharynx, Esophagus, and Stomach	130
Small Intestine	131
Large Intestine	132
Accessory Organs of Digestion	133
Liver	133
Pancreas	134
Gallbladder	134
Anatomy Review: Digestive System	135
Anatomy Review: Accessory Organs of Digestion	136
Connecting Body Systems—Digestive System	137
Medical Word Elements	138
Disease Focus	142
Peptic Ulcer Disease (PUD)	142
Hernia	143
Hepatitis	144
Diverticulosis	145
Oncology	145
Diseases and Conditions	147
Diagnostic, Surgical, and Therapeutic Procedures	151
Pharmacology	159
Abbreviations	160
Learning Activities	162
Documenting Health-Care Activities	168

CHAPTER 7

Respiratory System	179
Chapter Outline	179
Objectives	179
Anatomy and Physiology	180
Anatomy and Physiology Key Terms	180
Upper Respiratory Tract	180
Lower Respiratory Tract	182
Pulmonary Respiration	183
Anatomy Review: Respiratory System	184
Connecting Body Systems—Respiratory System	185
Medical Word Elements	186
Disease Focus	190
Chronic Obstructive Pulmonary Disease	190
Asthma	190
Chronic Bronchitis	191
Emphysema	191
Pneumonia	192
Acute Respiratory Distress Syndrome	192
Oncology	192
Diseases and Conditions	193
Diagnostic, Surgical, and Therapeutic Procedures	198
Pharmacology	205
Abbreviations	207
Learning Activities	208
Documenting Health-Care Activities	212

CHAPTER 8	Cardiovascular System	221
	Chapter Outline	221
	Objectives	221
	Anatomy and Physiology	222
	Anatomy and Physiology Key Terms	222
	Vascular System	222
	Arteries	222
	Capillaries	223
	Veins	224
	Heart	224
	Conduction System of the Heart	226
	Blood Pressure	228
	Anatomy Review: Cardiovascular System	229
	Connecting Body Systems—Cardiovascular System	230
	Medical Word Elements	231
	Disease Focus	234
	Arteriosclerosis	234
	Coronary Artery Disease (CAD)	235
	Endocarditis	236
	Varicose Veins	236
	Oncology	237
	Diseases and Conditions	238
	Diagnostic, Surgical, and Therapeutic Procedures	242
	Pharmacology	250
	Abbreviations	252
	Learning Activities	254
	Documenting Health-Care Activities	258
CHAPTER 9	Blood, Lymphatic, and Immune Systems	267
	Chapter Outline	267
	Objectives	267
	Anatomy and Physiology	268
	Anatomy and Physiology Key Terms	268
	Blood	269
	Red Blood Cells	269
	White Blood Cells	270
	Platelets	272
	Plasma	272
	Blood Types	272
	Lymphatic System	273
	Immune System	275
	Innate Immunity	275
	Acquired Immunity	275
	Anatomy Review: Lymphatic System	277
	Connecting Body Systems—Blood, Lymphatic, and Immune Systems	278
	Medical Word Elements	279
	Disease Focus	282
	Anemias	282
	Allergy	283
	Autoimmune Disease	284
	Oncology	284
	Leukemia	284

Diseases and Conditions	285
Diagnostic, Surgical, and Therapeutic Procedures	289
Pharmacology	291
Abbreviations	293
Learning Activities	294
Documenting Health-Care Activities	298

CHAPTER 10**Musculoskeletal System** 305

Chapter Outline	305
Objectives	305
Anatomy and Physiology	306
Anatomy and Physiology Key Terms	306
Muscles	306
Anatomy Review: Muscular System	310
Bones	311
Bone Types	311
Surface Features of Bones	313
Divisions of the Skeletal System	314
Axial Skeleton	314
Appendicular Skeleton	318
Anatomy Review: Long Bone	320
Anatomy Review: Skeletal System	321
Connecting Body Systems—Musculoskeletal System	322
Medical Word Elements	323
Disease Focus	328
Fractures	329
Arthritis	329
Muscular Dystrophy	330
Oncology	331
Diseases and Conditions	332
Diagnostic, Surgical, and Therapeutic Procedures	337
Pharmacology	340
Abbreviations	342
Learning Activities	343
Documenting Health-Care Activities	348

CHAPTER 11**Urinary System** 357

Chapter Outline	357
Objectives	357
Anatomy and Physiology	358
Anatomy and Physiology Key Terms	358
Macroscopic Structures	358
Microscopic Structures	360
Anatomy Review: Urinary Structures	362
Anatomy Review: Nephron	363
Connecting Body Systems—Urinary System	364
Medical Word Elements	365
Disease Focus	367
Glomerulonephritis	367
Nephrolithiasis	367
Acute Tubular Necrosis	369
Oncology	369
Diseases and Conditions	369
Diagnostic, Surgical, and Therapeutic Procedures	373

Pharmacology	380
Abbreviations	381
Learning Activities	382
Documenting Health-Care Activities	387

CHAPTER 12 **Female Reproductive System** 395

Chapter Outline	395
Objectives	395
Anatomy and Physiology	396
Anatomy and Physiology Key Terms	396
Female Reproductive Structures	396
Female Reproductive Organs	396
Menstrual Cycle	400
Pregnancy	400
Labor and Childbirth	401
Menopause	401
Anatomy Review: Female Reproductive Structures (Lateral View)	403
Anatomy Review: Female Reproductive Structures (Anterior View)	404
Connecting Body Systems—Female Reproductive System	405
Medical Word Elements	406
Disease Focus	409
Endometriosis	409
Pelvic Inflammatory Disease	409
Oncology	410
Breast Cancer	410
Cervical Cancer	410
Diseases and Conditions	410
Diagnostic, Surgical, and Therapeutic Procedures	413
Pharmacology	421
Abbreviations	423
Learning Activities	424
Documenting Health-Care Activities	429

CHAPTER 13 **Male Reproductive System** 439

Chapter Outline	439
Objectives	439
Anatomy and Physiology	440
Anatomy and Physiology Key Terms	440
Male Reproductive Structures	440
Anatomy Review: Male Reproductive System	442
Connecting Body Systems—Male Reproductive System	443
Medical Word Elements	444
Disease Focus	446
Sexually Transmitted Infections	446
Gonorrhea	446
Chlamydia	447
Syphilis	447
Genital Herpes	447

Genital Warts	447
Trichomoniasis	448
Oncology	448
Diseases and Conditions	449
Diagnostic, Surgical, and Therapeutic Procedures	452
Pharmacology	458
Abbreviations	459
Learning Activities	460
Documenting Health-Care Activities	464

CHAPTER 14 **Endocrine System** 475

Chapter Outline	475
Objectives	475
Anatomy and Physiology	476
Anatomy and Physiology Key Terms	477
Pituitary Gland	478
Thyroid Gland	478
Parathyroid Glands	480
Adrenal Glands	481
Adrenal Cortex	481
Adrenal Medulla	481
Pancreas	482
Pineal Gland	483
Thymus Gland	483
Anatomy Review: Endocrine System	484
Connecting Body Systems—Endocrine System	485
Medical Word Elements	486
Disease Focus	488
Thyroid Disorders	488
Parathyroid Disorders	489
Adrenal Gland Disorders	489
Adrenal Cortex	489
Adrenal Medulla	490
Pancreatic Disorders	490
Type 1 Diabetes	491
Type 2 Diabetes	491
Oncology	491
Pancreatic Cancer	491
Pituitary Tumors	492
Thyroid Carcinoma	492
Diseases and Conditions	493
Diagnostic, Surgical, and Therapeutic Procedures	496
Pharmacology	498
Abbreviations	500
Learning Activities	501
Documenting Health-Care Activities	505

CHAPTER 15 **Nervous System** 513

Chapter Outline	513
Objectives	513
Anatomy and Physiology	514
Anatomy and Physiology Key Terms	514

Cellular Structure of the Nervous System	515
Neurons	515
Neuroglia	516
Nervous System Divisions	516
Central Nervous System	517
Peripheral Nervous System	520
Anatomy Review: Brain Structures	524
Connecting Body Systems—Nervous System	525
Medical Word Elements	526
Disease Focus	529
Cerebrovascular Disease	529
Seizure Disorders	529
Multiple Sclerosis	530
Mental Illness	530
Oncology	531
Diseases and Conditions	532
Diagnostic, Surgical, and Therapeutic Procedures	539
Pharmacology	544
Abbreviations	547
Learning Activities	548
Documenting Health-Care Activities	553

CHAPTER 16**Special Senses** 561

Chapter Outline	561
Objectives	561
Anatomy and Physiology	562
Anatomy and Physiology Key Terms	562
Eye	563
Fibrous Tunic	563
Vascular Tunic	563
Sensory Tunic	564
Adnexa	564
Ear	565
Hearing	565
Equilibrium	566
Anatomy Review: Eye	567
Anatomy Review: Ear	568
Medical Word Elements	569
Disease Focus	573
Eye Disorders	573
Glaucoma	573
Macular Degeneration	574
Ear Disorders	575
Otitis Media	575
Otosclerosis	576
Oncology	576
Eye	576
Ear	576
Diseases and Conditions	577
Diagnostic, Surgical, and Therapeutic Procedures	581
Pharmacology	587
Abbreviations	589
Learning Activities	590
Documenting Health-Care Activities	595

APPENDIX A	Answer Key	605
APPENDIX B	Common Abbreviations and Symbols	643
APPENDIX C	Glossary of Medical Word Elements	651
APPENDIX D	Index of Genetic Disorders	667
APPENDIX E	Index of Clinical, Laboratory, and Imaging Procedures	669
APPENDIX F	Index of Pharmacology	675
APPENDIX G	Index of Oncological Terms	679
APPENDIX H	Index of Discontinued Abbreviations and Eponyms	683
INDEX		687
RULES FOR SINGULAR AND PLURAL SUFFIXES		718
PRONUNCIATION GUIDELINES	inside back cover	

Basic Elements of a Medical Word

CHAPTER

I

Chapter Outline

Objectives

Medical Word Elements

- Word Roots
- Combining Forms
- Suffixes
- Prefixes

Basic Guidelines

- Defining Medical Words
- Building Medical Words

Pronunciation Guidelines

- Medical Word Building Summary

Learning Activities

Objectives

Upon completion of this chapter, you will be able to:

- Identify the four word elements used to build medical words.
- Divide medical words into their component parts.
- Apply the basic rules to define and build medical words.
- Locate the pronunciation guidelines chart and interpret pronunciation marks.
- Pronounce medical terms presented in this chapter.
- Demonstrate your knowledge of this chapter by completing the learning activities.

Medical Word Elements

The language of medicine is a specialized vocabulary used by health-care providers. Many current medical word elements originated as early as the 4th century B.C. when Hippocrates practiced medicine. With technological and scientific advancements in medicine, new terms have evolved to reflect these innovations. For example, radiographic terms, such as magnetic resonance imaging (MRI) and ultrasound (US), are now commonly used to describe current diagnostic procedures.

A medical word consists of some or all of the following elements:

- word root
- combining form
- suffix
- prefix.

How these elements are combined and whether all or some of them are present in a medical term determines the meaning of a word. To understand the meaning of medical words, it is important to learn how to divide them into their basic elements. The purpose of this chapter is to cover the basic principles of medical word building and learn how to pronounce the terms correctly. Thus, pronunciations of medical terms are provided throughout the textbook. In addition, pronunciation guidelines are located on the inside back cover of this book. They can be used as a convenient reference to help pronounce terms correctly.

Word Roots

A **word root** is the foundation of a medical term and contains its primary meaning. All medical terms have at least one word root. Most word roots are derived from the Greek or Latin language; thus, two different roots may have the same meaning. For example, the Greek word **dermatos** and the Latin word **cutane** both refer to the skin. As a general rule, Greek roots describe a disease, condition, treatment, or diagnosis. Latin roots describe anatomical structures. Consequently, the Greek root **dermat** describes a disease, condition, treatment, or diagnosis of the skin; the Latin root **cutane** describes an anatomical structure. (See Table 1-1.)

Table 1-1 Examples of Word Roots

This table lists examples of English terms with their Greek and Latin origins as well as word analyses of corresponding medical terms. Phonetic pronunciations are provided to help you practice pronouncing the medical terms.

English Term	Greek or Latin Term*	Word Root	Word Analysis
skin	dermatos (Gr)	dermat	dermat/itis (dĕr-mă-Tĭ-tĭs): inflammation of the skin Dermatitis is a general term used to describe an inflammatory condition of the skin.
	cutis (L)	cutane	cutane/ous (kū-TĀ-nĕ-ŭs): pertaining to the skin Cutaneous is a term that identifies an anatomical structure.
kidney	nephros (Gr)	nephrr	nephrr/oma (nĕ-FRŌ-mă): tumor of the kidney Nephroma is a tumor (benign or malignant) of kidney tissue.
	renes (L)	ren	ren/al (RĒ-năl): pertains to the kidney Renal is a term that identifies an anatomical structure.

Table 1-1 Examples of Word Roots—cont'd

English Term	Greek or Latin Term*	Word Root	Word Analysis
mouth	stomatos (Gr)	stomat	stomat/itis (stō-mă-TĪ-tīs): inflammation of the mouth <i>The word root stomat is commonly confused with the English term stomach. However, stomat is derived from the Greek word for mouth. The word root for the stomach is gastr, derived from the Greek word gastros.</i>
	oris (L)	or	or/al (OR-ăl): pertaining to the mouth <i>Oral is a term that identifies an anatomical structure.</i>

*It is not important to know the origin of a medical word. This information is provided here to clarify and illustrate that there may be two different word roots for a single term.

Combining Forms

A **combining form** is created when a word root is combined with a vowel. The vowel, known as a **combining vowel**, is usually an *o* but is sometimes an *i*. The combining vowel has no meaning of its own but enables the connection of two or more word elements. Like a word root, a combining form is the basic foundation to which other word elements are added to build a complete medical word. In this text, a combining form will be listed as *word root/vowel* (such as *gastr/o*), as illustrated in Table 1-2.

Table 1-2 Examples of Combining Forms

<i>This table illustrates how word roots and vowels create combining forms. Learning combining forms rather than word roots makes pronunciations easier because of the terminal vowel. For example, in this table, the word roots gastr and nephr are difficult to pronounce, whereas their combining forms gastr/o and nephr/o are easier to pronounce.</i>					
Word Root	+	Vowel	=	Combining Form	Meaning
erythr/	+	o	=	erythr/o	red
gastr/	+	o	=	gastr/o	stomach
hepat/	+	o	=	hepat/o	liver
immun/	+	o	=	immun/o	immune, immunity, safe
nephr/	+	o	=	nephr/o	kidney
oste/	+	o	=	oste/o	bone

Suffixes

A **suffix** is a word element placed at the end of a word that alters its meaning. All medical terms have a suffix. In the terms *pancreat/itis* (inflammation of the pancreas) and *pancreat/o/pathy* (disease of the pancreas), the suffixes are **-itis** (inflammation) and **-pathy** (disease). In medical terminology, a suffix usually describes a pathology (disease or abnormality), symptom, surgical or diagnostic procedure, or part of speech.

To link a suffix that begins with a vowel, use a word root. To link a suffix that begins with a consonant, use a combining form. Review Table 1-3, which illustrates this principle.

Table 1-3 Examples of Suffixes

This table lists examples of pathological suffixes linked with a word root (WR) and a combining form (CF). Phonetic pronunciations are provided to help you practice pronouncing the medical terms.

Suffix	=	Medical Word	Meaning	Rationale
-itis (inflammation)	=	gastr/ itis gās-TRĪ-tīs	inflammation of the stomach*	The suffix <i>-itis</i> begins with a vowel and requires a WR.
-megaly (enlargement)	=	gastr/o/ megaly gās-trō-MĒG-ă-lē	enlargement of the stomach	The suffix <i>-megaly</i> begins with a consonant and requires a CF.
-oma (tumor)	=	hepat/ oma hĕp-ă-TŌ-mă	tumor of the liver	The suffix <i>-oma</i> begins with a vowel and requires a WR.
-cyte (cell)	=	hepat/o/ cytes HĒP-ă-tō-sīts	cells in the liver	The suffix <i>-cytes</i> begins with a consonant and requires a CF.

*To define a medical term, first define the suffix and then the first part of the word.

Prefixes

A **prefix** is a word element attached to the beginning of a word or word root. However, not all medical terms have a prefix. Adding or changing a prefix changes the meaning of the word. Prefixes usually indicate a number, time, position, direction, or negation. Many of the same prefixes used in medical terminology are also used in the English language. Review Table 1-4 to reinforce the principles of linking a prefix to other word elements.

Table 1-4 Examples of Prefixes

This table lists examples of prefixes linked to a word root and a suffix. Note that the suffixes begin with a vowel and are linked to a word root. Phonetic pronunciations of the constructed medical words are provided to help you practice pronouncing the medical terms.

Prefix	+	Word Root	+	Suffix	=	Medical Word	Meaning
an- (without, not)	+	esthes (feeling)	+	-ia (condition)	=	an/esthes/ia ăn-ēs-THĒ-zē-ă	condition of not feeling
hyper- (excessive, above normal)	+	therm (heat)	+	-ia (condition)	=	hyper/therm/ia hī-pēr-THĒR-mē-ă	condition of excessive heat
intra- (in, within)	+	muscul (muscle)	+	-ar (pertaining to)	=	intra/muscul/ar în-tră-MŪS-kŭ-lăr	pertaining to within the muscle
para- (near, beside; beyond)	+	nas (nose)	+	-al (pertaining to)	=	para/nas/al păr-ă-NĂ-săl	pertaining to (area) near the nose
poly (many, much)	+	ur (urine)	+	-ia (condition)	=	poly/ur/ia pŏl-ē-Ū-rē-ă	condition of much urine
pre- (before)	+	nat (birth)	+	-al (pertaining to)	=	pre/nat/al prē-NĂ-tăl	pertaining to before birth

Basic Guidelines

Defining and building medical words are crucial skills in understanding the meaning of a medical word. Following the basic guidelines will help you develop these skills.

Defining Medical Words

Here are three steps for defining medical words using *gastr/o/enter/itis* as an example.

- **Step 1.** Define the **suffix**, or last part of the word. In this case, the suffix *-itis* means *inflammation*.
- **Step 2.** Define the **first part of the word** (which may be a word root, combining form, or prefix). In this case, the combining form *gastr/o* means *stomach*.
- **Step 3.** Define the **middle parts of the word**. In this case, the word root *enter* means *intestine*.

When you analyze *gastr/o/enter/itis* following the three steps, the meaning is:

1. inflammation (of)
2. stomach (and)
3. intestine.

Thus, the meaning of *gastr/o/enter/itis* is *inflammation (of) stomach (and) intestine*. Table 1-5 further illustrates this process.

Table 1-5 **Defining Gastroenteritis**

<i>This table illustrates the three steps of defining a medical word using the example gastroenteritis.</i>		
Combining Form	Middle	Suffix
gastr/o	enter/	-itis
stomach	intestine	inflammation
(step 2)	(step 3)	(step 1)

Building Medical Words

There are three basic rules for building medical words.

Rule 1

A word root links a suffix that begins with a vowel.

Word Root	+	Suffix	=	Medical Word	Meaning
hepat (liver)	+	-itis (inflammation)	=	hepatitis hĕp-ă-Tĭ-tĭs	inflammation of the liver

Rule 2

A combining form (root + o) links a suffix that begins with a consonant.

Combining Form	+	Suffix	=	Medical Word	Meaning
hepat/o (liver)	+	-cyte (cell)	=	hepatocyte Hĕp-ă-tō-sĭt	liver cell

Rule 3

A combining form links one root to another root to form a compound word. This rule holds true even if the second root begins with a vowel, as in **oste/o/arthr/itis**. Keep in mind that the rules for linking multiple roots to each other are slightly different from the rules for linking roots and combining forms to suffixes.

Combining Form	+	Word Root	+	Suffix	=	Medical Word	Meaning
oste/o (bone)	+	chondr (cartilage)	+	-itis (inflammation)	=	osteochondritis ōs-tē-ō-kŏn-DRĭ-tĭs	inflammation of bone and cartilage
	+	arthr (joint)	+	-itis (inflammation)	=	osteoarthritis ōs-tē-ō-ăR-THRĭ-tĭs	inflammation of bone and joint



It is time to review medical word elements by completing Learning Activities 1-1 and 1-2 on pages 8–9.

Pronunciation Guidelines

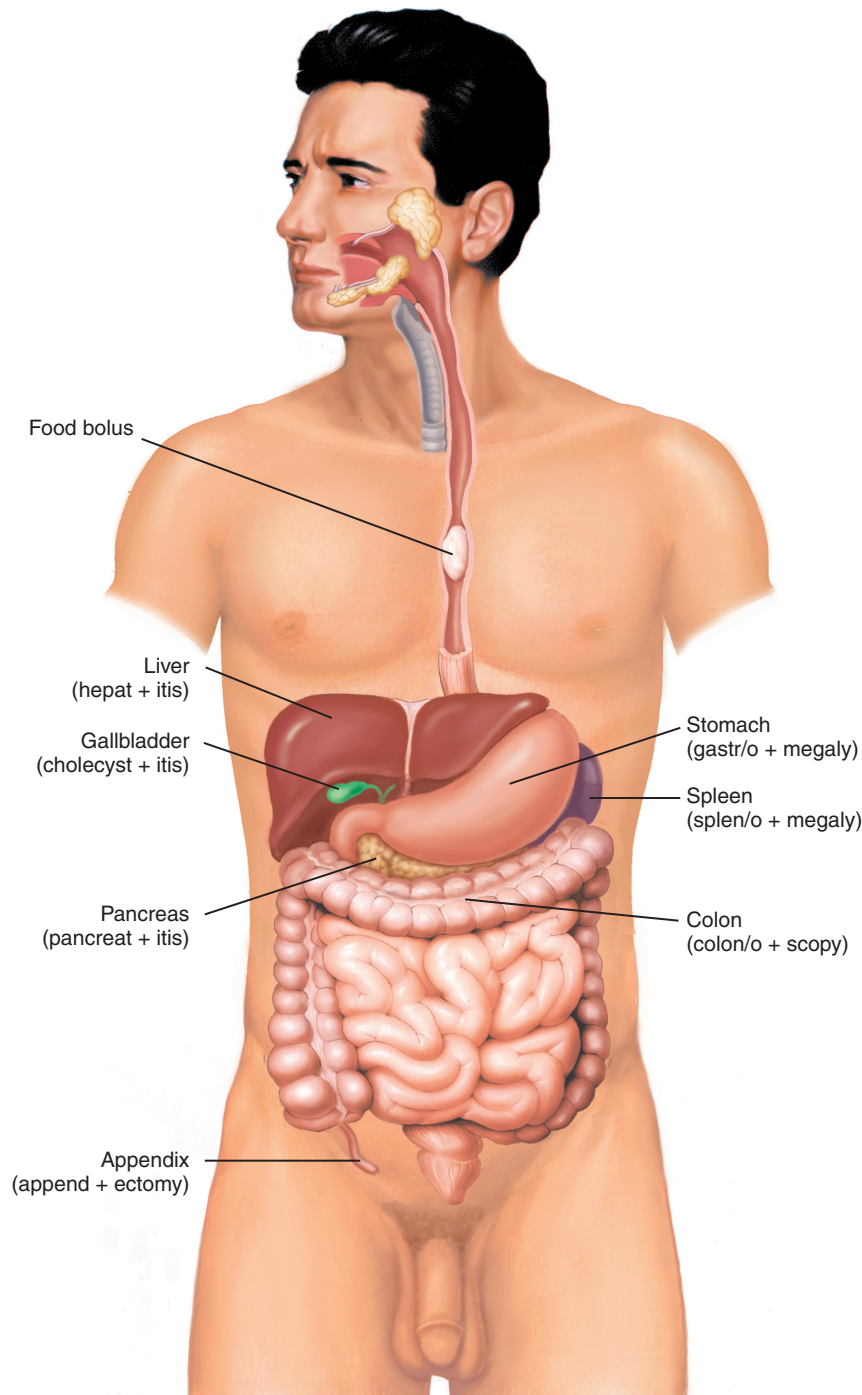
Although pronunciation of medical words usually follows the same rules that govern pronunciations of English words, some medical words may be difficult to pronounce when first encountered. Therefore, selected terms in this book include the phonetic pronunciation. Also, pronunciation guidelines can be found on the inside back cover of this book and at the end of selected tables. Use them whenever you need help with pronunciation of medical words.



It is time to review pronunciations, analysis of word elements, and defining medical terms by completing Learning Activities 1-3, 1-4, and 1-5 on pages 10–12.

Medical Word Building Summary

The illustration that follows demonstrates medical word building. Building a medical word that means *enlargement of the stomach* requires knowledge of the word element for *stomach* (**gastr** or **gastr/o**) and the suffix for *enlargement* (**-megaly**). The medical word for *enlargement of the stomach* is **gastromegaly**. To develop medical word building skills, study the combinations of word building elements in the digestive system illustration that follows.



It is time to practice building medical words by completing Learning Activity 1–6 on page 14.

LEARNING ACTIVITIES

The learning activities that follow provide a review of the basic medical word elements introduced in this chapter. Complete each activity and review your answers to evaluate your understanding of this chapter.

Learning Activity 1-1

Understanding Medical Word Elements

Fill in the blanks to complete the sentences correctly.

1. The four elements used to form words are _____.
2. A root is the main part or foundation of a word. In the words *arthritis*, *arthrectomy*, and *arthroscope*, the root is _____.

Identify the statements as true or false. If false, rewrite the statement correctly on the line provided.

- | | | |
|---|------|-------|
| 3. A combining vowel is usually an e. | True | False |
| _____ | | |
| 4. A word root links a suffix that begins with a consonant. | True | False |
| _____ | | |
| 5. A combining form links multiple roots to each other. | True | False |
| _____ | | |
| 6. A combining form links a suffix that begins with a consonant. | True | False |
| _____ | | |
| 7. To define a medical word, first define the prefix. | True | False |
| _____ | | |
| 8. In the term <i>intramuscular</i> , <i>intra</i> is the prefix. | True | False |
| _____ | | |

Underline the word root in each of the combining forms.

9. splen/o (spleen)
10. hyster/o (uterus)
11. enter/o (intestine)
12. neur/o (nerve)
13. ot/o (ear)
14. dermat/o (skin)
15. hydr/o (water)



Check your answers in Appendix A. Review material that you did not answer correctly.

Correct Answers _____ X 6.67 = _____ % Score

Learning Activity 1-2**Identifying Word Roots and Combining Forms**

Underline the word roots in the medical words that follow.

Medical Word	Meaning
1. nephritis	inflammation of the kidney
2. arthrodesis	fixation of a joint
3. dermatitis	inflammation of the skin
4. dentist	specialist in teeth
5. gastrectomy	excision of the stomach
6. chondritis	inflammation of cartilage
7. hepatoma	tumor of the liver
8. muscular	pertaining to muscle
9. gastric	pertaining to the stomach
10. osteoma	tumor of the bone

Underline the combining forms.

11. nephr	kidney
12. hepat/o	liver
13. arthr	joint
14. oste/o/arthr	bone, joint
15. cholangi/o	bile vessel



Check your answers in Appendix A. Review material that you did not answer correctly.

Correct Answers _____ X 6.67 = _____ % Score